

YOU can run a MARATHON!

- 1. Register today online at runsignup.com/bayshore
- 2. Log 25 miles (walks, runs, hikes etc. all count!) before the 2024 Bayshore Marathon.
- 3. Finish your final 1.2 miles during the 2024 Bayshore Marathon, Saturday, May 25, 2024! (26.2 miles=MARATHON)
- 4. Wear your medal proudly!

SIGN UP NOW! runsignup.com/bayshore

For more details on the Munson Healthcare Bayshore Kids Marathon and to sign up, visit: bayshoremarathon.org/kids-marathon.

HEY KIDS!

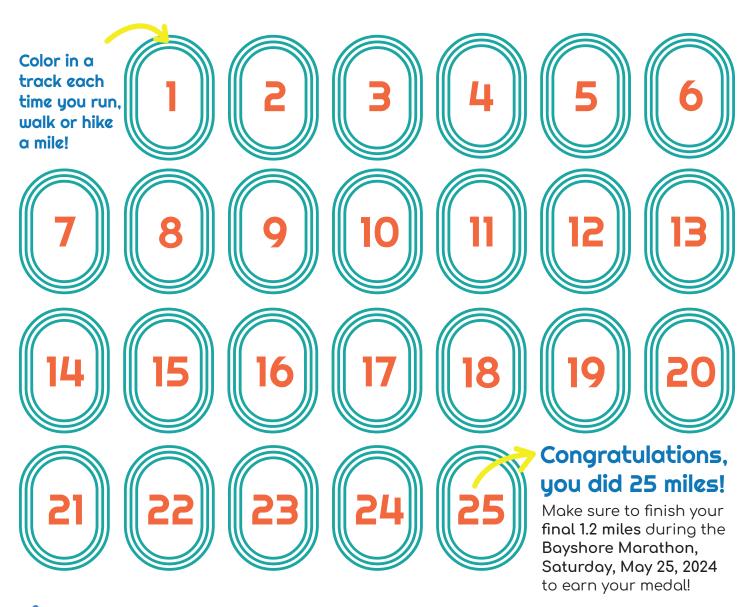
Track your miles!

You are about to run a marathon - that's 26.2 miles! This mileage log will help you "track" your miles. Log your miles at school, at home with your family, or anywhere in between. It can be a trail, a field, a treadmill, a pathway, a track, a sidewalk or a playground! Just get your miles in!

SCHOOL:

ADULT SIGNATURE:

DATE:



MUNSON HEALTHCARE TRAVERSE CITY TRACK CLUB



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